

BREAKFAST

PASTRIES

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| Croissant, Sicilian Brioche, Pain au Chocolate | £2.25 |
| Homemade Wholemeal Croissant | £1.90 |
| Homemade Wholemeal Apricot Jam Croissant | £1.90 |

MUFFINS

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| Cinnamon & Banana, Dark Chocolate, Lemon & Blueberries | £2.50 |
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COLAZIONE NATURALE (*NATURAL BREAKFAST*)

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| Toasted Bread, Coconut Butter, Hazelnut Spread & Sicilian Jam | £4.50 |
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Homemade granola

- Choice of Milk, Yoghurt, Soya or Almond Milk £5.50
- Mixed Berries £9.50
- Organic Chia, Flax & Sunflower Seeds £7.75

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| Oatmeal Gluten-Free Porridge Coconut Milk & Banana | £7.00 |
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Organic Porridge Selection (*Pecan Nuts, Almond Flakes, Chocolate, Poached Peaches, Poached Apricot, Mixed Seeds*)

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| <u>Choose 3</u> | £7.00 |
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| Crushed Avocado Bruschetta, Rye Bread, Seeds | £7.00 |
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| Rye Bread, Ricotta, Figs & Pecan Nuts | £8.00 |
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| Mixed Berry Salad | £8.00 |
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- Strawberries £7.50
- Blueberries £8.50
- Raspberries £8.00
- Watermelon salad £4.50

COLAZIONE (*COOKED BREAKFAST*)

All eggs are organic

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| Soft Scrambled Eggs & Salmon | £9.50 |
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| Baked Eggs in Italian Tomato Sauce | £6.50 |
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| Soft Poached Eggs, Steamed Curly Kale, Quinoa | £6.00 |
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| Eggs White Frittata with Fresh Herbs | £6.50 |
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| Scrambled Eggs & Black Summer Truffle | £14.00 |
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All Served with a Choice of Toast Wholemeal, 7 Seeds, Gluten-Free

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| All extras: Salmon, Avocado, Pancetta, Ham, Curly Kale, Tomato | £3.00 |
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iddu, incontro Siciliano, 44 Harrington Road, SW7 3ND

Loyal to a natural way of life

If you have a food allergy, please let us know. Our kitchen uses nuts and regrettably we cannot guarantee that any of our dishes are completely free of traces.

A 12% discretionary service charge will be added to your bill.

PANINI

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| Smoked Chicken Salad, Avocado in Wholemeal Bread | £5.50 |
| Ricotta Cheese & Caponata on Spelt Focaccia | £6.00 |
| Goat's Cheese & Bresaola on 7 Seeds Sourdough | £6.50 |
| Broccoli Hummus, Mushroom & Lettuce on Wholemeal Bread | £5.00 |
| Smoked Salmon, Tomatoes & Rocket on 7 Seeds Sourdough | £7.00 |

At your choice toasted or not

Gluten-free bread also available on request

HAND PRESSED JUICES (*subject to availability*)

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| LIMONATA Sicilian lemon juice | £3.50 |
| ARANCIA ROSSA Sicilian orange juice | £5.00 |
| MANDARINO Mandarin juice | £5.00 |
| MELOGRANO Pomegranate juice | £5.00 |
| POMPELMO Grapefruit juice | £5.00 |

COLD PRESSED JUICES (*subject to availability*) 250ml/500ml £4.50/£8.00

ALKALISER Spinach, Kale, Celery, Lemon, Ginger

ENERGISER Cucumber, Spinach, Celery, Lemon, Ginger

IMMUNISER Lemon, Ginger, Carrot, Apple, Beetroot

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